



State Only STAR Event Guidelines

The following state only events will be offered to students at the State Leadership Conference and do **NOT** advance to the National Leadership Conference.

EVENT	JUNIOR		SENIOR/OCCUPATIONAL	
	Individual	Team	Individual	Team
Community Service Challenge		✓ (2-4)		✓ (2-4)
Creative Teaching			✓	✓ (1-2)
FCCLA Scrapbook	<i>One team entry (of 1-4 students) per school</i>			
Healthy Lifestyle Challenge		✓ (2-4)		✓ (2-4)
Project Exhibit	✓	✓ (1-4)		✓ (1-4)
Serving Up Success	✓		✓	
Toys That Teach (Storybook or Toy)	✓		✓	

EVENT	JUNIOR/SENIOR		OCCUPATIONAL	
	Individual	Team	Individual	Team
Cupcake Battle		✓ (1-2)		✓ (1-2)

The following are general guidelines for State Only STAR Events:

- Students may enter only one STAR Event (State or National). In addition, they may enter the FCCLA Scrapbook Competition, Door Sign Competition and participate in the Power of One program.
- There are no minimum or maximum numbers of students who can be involved from a chapter in any event. Chapters can have one or more entries in any of these events.
- All students will be required to pre-register for a specific event. This includes the FCCLA Scrapbook Competition.
- All students that participate will be given a Gold (100-85), Silver (84-70) or Bronze (69-0) rating.
- Each student that receives a Gold, Silver or Bronze rating will receive a medal and a certificate.
- An overall state winner will not be identified in the State STAR Events. **There is no national competition for these events.**
- **All competition participants must attend a mandatory registration meeting on site prior to competition, as listed in the State Leadership Conference Program.**



Healthy Lifestyle Challenge

Michigan FCCLA State STAR Event

***This is a Michigan-Only STAR Event.
No competition will be available at the National Leadership Meeting.***

Healthy Lifestyle Challenge, a team event, recognizes participants who develop a project in response to a case study situation related to healthy lifestyles provided to them at the State Leadership Conference.

EVENT CATEGORIES

- Junior – grades 6-9
- Senior/Occupational – grades 10-12

ELIGIBILITY

1. Chapters may submit any number of teams in this event.
2. Teams of two to four people may enter this event.
3. Participation is open to any national affiliated FCCLA chapter member.

PROCEDURES & TIME REQUIREMENTS

1. All participants must attend the orientation session on Wednesday evening at the State Leadership Conference.
2. Participants will check in to the designated room at their scheduled time.
3. Participants will be given a challenge in the form of a case study. The team will then have 30 minutes to discuss the challenge and prepare their solution. All visual aids must be prepared during this time.
4. Participants will have up to 10 minutes to present their solution to evaluators.

GENERAL INFORMATION

1. Teams must bring FCCLA planning process sheets and purposes to be used in presentation.
2. Teams must supply their own materials to work with (poster board, markers, crayons, scissors, construction paper, tape, etc.)
3. Only visual aids prepared during the time allotted will be allowed.
4. The content of the Healthy Lifestyle Challenge will closely relate to the National Student Body Program. Familiarity with this program may be of assistance to members in preparing for this State STAR Event.

PROHIBITED MATERIALS

- Glitter may not be used
- Any visual aids or elements that have been prepared prior to competition
- Any visual aids or elements that have been commercially prepared or produced

Healthy Lifestyle Challenge Point Summary Form

Names of Participants: _____ Chapter: _____

Category: ___ Junior ___ Senior/Occupational

Place Label Here

Instructions:

1. Please make sure all information on the label is correct. If a team does not show, please write "No Show" across the top and return it with the other forms.
2. At the end of the students' presentation, verify evaluator scores and fill in information below. Calculate the final score and ask for evaluators' verification. Place this form in front of the completed score sheets and paper clip all items related to the presentation together.
3. At the end of competition in the room, double check all scores, names and team numbers to ensure accuracy. Sort results by team number and turn in to the Ensign Room before going to lunch.
4. Please check with the headquarters room if there are any questions regarding the evaluation process.

EVALUATORS' SCORES

Evaluator 1: _____ Initials: _____

Evaluator 2: _____ Initials: _____

Evaluator 3: _____ Initials: _____

Evaluator 4: _____ Initials: _____

Total Score *from all Evaluators:* _____

Average Score *Divided by # of Evaluators:* _____

Any use of prohibited materials
is a 10 point deduction: _____

Final Score: _____

RATING ACHIEVED:

Circle One:

Gold (100-85)

Silver (84-70)

Bronze (69 and lower)

Event Coordinator

Healthy Lifestyle Challenge Rubric

Names of Participants: _____ Chapter: _____

Category: ___ Junior ___ Senior/Occupational

Instructions: Write the appropriate rating in the "Score" column. Make comments to help participants identify their strengths and areas for improvement. Use the back of this sheet if necessary. Total the students' score at the bottom of the page. Please double check your math.

Evaluation Criteria	Poor	Fair	Good	Very Good	Excellent	Score	COMMENTS
RELATIONSHIP TO FCCLA							
Use of FCCLA Planning Process	0-2	3-4	5-6	7-8	9-10		
Related to FCCLA's Purposes	0-2	3-4	5-6	7-8	9-10		
VALUE OF PROJECT							
Demonstrates content knowledge, content matches the topic selected, response to the case is appropriate	0-2	3-4	5-6	7-8	9-10		
PRESENTATION DELIVERY							
Organized oral presentation; presentation is logical, provides clarity, and shows creativity	0-3	4-6	7-9	10-12	13-15		
Presentation is convincing and effective, Preparation of content is organized & clearly demonstrates a process for solving the problem/challenge	0-3	4-6	7-9	10-12	13-15		
Visuals provide appropriate content & are legible and visible to audience	0-2	3-4	5-6	7-8	9-10		
Used appropriate gestures, eye-contact, grammar, & pronunciation, pitch, tempo and volume	0-2	3-4	5-6	7-8	9-10		
RELATION TO CURRICULUM							
Goals of the project are clearly stated and reflect content of the family & consumer science, early childhood, teacher preparation, or related curriculum	0-2	3-4	5-6	7-8	9-10		
Provided clear and informed responses to evaluator's questions	0-2	3-4	5-6	7-8	9-10		

Total Score: _____

Verification of Total Score Evaluator: _____ Event Coordinator: _____

Circle Rating Achieved: **Gold (100-85)** **Silver (84-70)** **Bronze (69 and lower)**