

Spring 2022

Focus on FCCLA



State Leadership Conference 4

Power of One 5

Are You Ready For The Next Step 6

Did You Know? 7

FCCLA is committed to creating and maintaining a healthy and respectful environment for all. Our philosophy is to ensure all members, regardless of race, color, religion, sex, national origin, age, disability, sexual orientation, or socio-economic status, are treated equally and respectfully. Any behavior in the form of discrimination, harassment, or bullying will not be tolerated. It is the responsibility of all members to uphold and contribute to this climate.

Letter from the Editor:

Greetings Michigan FCCLA! Michigan FCCLA is excited to introduce the semi-annual Michigan FCCLA Newsletter. This publication will serve multiple purposes: to discuss upcoming events, provide knowledge of the organization and its history, and to showcase the growth and talents of our members. We are excited to bring this service to you and enrich your FCCLA experience.

This newsletter relies heavily on member involvement. If you're a current or former member, we want to hear from you! What are you and your chapter doing in your schools and communities? Alumni, what has life looked like since you graduated? Michigan FCCLA is about family and community; we can't wait to hear your stories!

We hope you enjoy this debut edition. Thank you for your dedication to our organization and our message!



State Leadership Conference



Tasha Pike
State President

Are you planning to be at the State Leadership Conference this year? Well, I hope to see you all there! It will be such a memorable experience for each and every one of you. The State Executive Council has been working hard this year to plan and prepare for the 2022 FCCLA State Leadership Conference.

The conference will kick off with our opening session on Wednesday night. In addition to a dynamic keynote speaker, the State Executive Council and members from across the state will be inspired to hear about the awesome work and positive impact made by each chapter. Come prepared to share your success. We also will be having a Miracle Minute so don't forget to bring your spare change from around your house to make a difference for those in need.

On Thursday morning, the stage is set for members to showcase their STAR Event projects before a panel of evaluators. Remember, everyone in FCCLA is on your team, so be proud of your hard work and shine! The afternoon will be filled with exciting breakout sessions and workshops to strengthen your leadership skills. After the workshops, you will be attending a banquet. The formal banquet includes awarding those members earning the distinguished Power of One, special individual recognition, club awards and of course, an amazing dinner. At the conclusion of the banquet, be ready to head to the dance floor to show us your moves.

The conference will conclude with the Grand Awards Ceremony on Friday morning. All members will be recognized with the results of their STAR Event by taking a trip on stage to receive the earned medals, including finding out which members qualify for this year's National Leadership Conference that will be held in San Diego, California.

You will meet many new friends and make amazing memories. I look forward to seeing you at the State Leadership Conference. Now get moving on those STAR Events!



Are You Ready For The Next Step?



Theresa Schroeder
First vice President

Hi! I'm Theresa Schroeder, your 2020-2021 Vice President from Howell High School. It's finally 2022, a year for change and new beginnings! Are you looking for new ways to reach out to your peers in your local communities and FCCLA chapters throughout Michigan? If you are looking for ways to expand your network at FCCLA, are hoping to make a greater impact in your state, and are open to the opportunities ahead of you, the position of a State Officer might be just for you!

This call to a higher form of leadership requires much time and patience and may not be for everyone. However, I believe that the rewards you can gain from this experience will make the journey more than worth your while.

I still remember my first FCCLA conference experience. It was my first year in FCCLA and I traveled with my chapter to the Fall Leadership Conference. Seeing how confident the State Officers on stage were sparked my curiosity. I asked my chapter advisor about them and she said that I too had the chance to become like them if I was willing to put in the work. At that moment, I knew that I too wanted to try and earn the position of a Michigan State Officer.

Before you decide whether or not you also want to pursue this position let me tell you a bit about the application process and requirements. First of all, you have to be an active member of your FCCLA chapter. This includes completing at least one Power of One module and attending one semester of an FCS class of your choice. You will also need the approval of your chapter advisor. If these requirements are met, then you should be ready for the next step towards becoming an FCCLA state officer!

Your next step is to check the Michigan FCCLA website and fill out the state officer application. After you have done that, you get to create a campaign flyer to show why you think you would be a great candidate for the position of a state officer.

The role of a Michigan State Officer is to unite communities, chapters, and families. State Officers are also the hardworking students behind the FCCLA Fall and State Leadership Conferences. They learn to design workshops, deliver speeches, and gain important leadership experience throughout training meetings.

Personally, I have had an amazing experience as a State Officer. This past year has brought many challenges, but the skills I learned as a State Officer and the friends I gained made it more than worth it to pursue this experience. If you have any questions or want to learn more about the position, you can always speak with us at an upcoming conference. I hope you all are able to use this year to discover your true potential through the Ultimate Leadership Experience!

Power of One



Aspyn Cottle

Vice President of Membership

When I think of FCCLA's amazing, numerous programs and STAR events, one specific program stands out to me—Power of One. Power of One is a program meant to specifically benefit you and your everyday life. With Covid-19 steam-rolling its way through the world, I think it is safe to say that everybody deserves time to improve themselves. Power of One can help a person improve themselves through its five units: A Better You, Family Ties, Working On Working, Take the Lead, and Speak Out for FCCLA.

A Better You

A Better You is a simple unit meant to help you improve your character, schedule, or life in some way. You can use this module to do things like improve your calendar, free up some of your schedule, and make yourself happier. This module is close to my heart because there are endless possibilities. Anything that helps you feel better as a person can fit under this unit. When I am tasked with completing Power of One, this is the unit I look at first because it empowers and challenges me to improve myself in ways I have never thought of.

If you are struggling to come up with a project for this specific unit, here are some ideas:

- Calendar Creation: Make a calendar and improve your scheduling in order to make your life easier.
- Be Punctual: Make sure that you are on time to all of your classes for a week and see how it improves your piece of mind.
- Anxiety Fighting: Learn some new skills to help manage the stress of your daily life.

Family Ties

Family ties is a unit that I enjoy participating in immensely. This unit helps an FCCLA member improve the relationship they have with their family. Family is a basic unit of life, and it is important to maximize your time with family.

Use this unit to improve your relationship with your family through small projects like:

- Party Time: Have a small get-together and talk in order to learn each other's interests better.
- Strength vs. Faults: Have a family discussion about your faults and strengths with your family; it may improve your family dynamic.

Working on Working

Use this unit to prepare yourself for the future by learning and exploring different career options. Help yourself by exploring future job opportunities, preparing for a career you are interested in, or sharpening skills that can help you secure a future job.

Let's work on working with these sample projects:

- Job Exploration: Look into and research a job you are interested in.
- Career Ready: Practice skills that future employers look for during the hiring process.

Take The Lead

Let's develop leadership qualities through this Power of One unit. Whatever leadership means to you, this is the chance you get to explore it. Whether your idea of taking leadership is making dinner for your family or organizing a get-together, this is the unit for you. I take the lead through activities such as:

- Dinner Time: Make a family dinner on your own and serve it to those you love.
- Leadership Lessons: Take the lead on a chapter project or even take a leap and run for chapter office.

Speak Out for FCCLA

This unit gives you a chance to show your love for the organization. Tell your friends or family members about the positive experiences you have had with FCCLA and how they have shaped your life.

We can spread the joy of FCCLA through projects such as:

- Speaking out: Tell all of your friends about at least one FCCLA memory.
- Publicize it: Wear red and FCCLA to spread your love for the organization.

Remember that your projects can be as small or as large as you would like them to be. Have fun and improve yourself by participating in Power of One.



DID YOU KNOW?

Michigan FCCLA has been represented by 9 National Officers, dating all the way back to 1947! Joan Iwerks served as National Secretary until 1948, and most recently Noah Brooks was the Vice President of Programs in 2013-2014.

Noah Brooks | MI VP Programs 2013-2014

Andrew Schantz | MI First Vice President 2008-2009

Holli Mezeske | MI VP Public Relations 1994-1995

Crystal Ann Eack | MI National Officer 1983-1984

Lou Ann Muir | MI Vice President Central Region 1972-1973

Chloe Ann Westfall | MI Reporter 1965-1966?

Judy Campbell | MI Vice President Central Region 1957-1958

Janice Thompson | MI Vice President National Projects 1955-1956

Joan Iwerks | MI Secretary 1947-1948



@mi_fecla



Michigan FCCLA



@mifecla



www.mifecla.org